



## IT'S OK- I'M YOU, TOO!

Becoming an aware parent ushers you into what Ruthie calls: *“The Brotherhood of Motherhood”* where you experience the refiner’s fire that melts your heart. Your best and worst come to the surface. You are uplifted and humbled, never to be the same again, more compassionate, more forgiving and stronger than you’ve ever imagined. And you realize how much your parent’s must have loved you.

An Emmy Award Winning Animation Artist, Ruthie worked on The Simpsons, Scooby Doo, Space Jam and more. Her seven children were always in her heart. But at home her husband David, defied the rules of good behavior and high ideals she set out to exemplify. So she began **SPIRIT LED SUPERMOMS** to teach ways to STOP being a victim and learn to listen to your Intuition so you can become the mom you always wanted to be.

In 2003, she created **GoMommyGO®** to share systems for positive reinforcement. And in 2007 co-founded **EDU DESIGNS**, a non-profit that creates media for children’s character development.

### RUTHIE'S MOST POPULAR TOPICS:

- **STOP BEING A VICTIM** - Overcome Fear and unlock the false beliefs that keep you stuck.
- **SURVIVE TOXIC RELATIONSHIPS** - Heal from Self-Abandonment and rediscover your true purpose.
- **PROTECT YOUR JOY** - If you don't bring your happiness with you, You won't find it when you GET there.
- **LEARN TO LISTEN TO YOUR INTUITION** - The secret way your higher self talks to you through your body.

### WORDS OF PRAISE

*“Ruth Elliott is a unique and genuinely heart-centered person. I have watched her raise her 7 children into socially aware and contributing adults. ...She continues to ‘walk her talk’ by selflessly sharing her knowledge, experience and expertise...enriches and balances children’s lives - and ours as well.”*  
~ **Gary Schindler - EAP Attorney, Publisher**

*“As a coach to parents of tweens and teens, one of my key messages is calm parenting...Ruth gives excellent FOUNDATIONAL keys to helping parents become more responsive rather than reactive. So practical. So true.”* ~ **Deaunna Evans - Parenting Coach**

### AS SEEN ON:



### BOOK RUTHIE NOW!

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