

# SPIRIT-LED SUPERMOMS



## IT'S OK- I'M YOU, TOO!

Becoming a parent ushers you into what Ruthie calls: *"The Brotherhood of Motherhood"*. As you go through that refiner's fire your heart is melted, your worst comes to the surface and you can't believe your parent's loved you this much. You are humbled, uplifted and will never be the same - only better. More compassionate, more forgiving and stronger than you ever imagined.

Ruthie had to work, became an Emmy Award Winning Animation Artist, but through it all the desire of her heart was for her children. The biggest kid of all was her husband, who defied all the rules of good behavior and high ideals she set out to exemplify. Protecting them through a difficult marriage, and surviving narcissistic abuse she created [GoMommyGO®](#) to share tools for positive reinforcement in 2003.

In 2007 she founded [EDU DESIGNS](#), a non-profit that creates media for children's character development.

As a personal coach to [SPIRIT LED SUPERMOMS](#), Ruthie helps women handle what they have the hardest time with: Themselves.

[Schedule a complimentary breakthrough session](#), today.

## RUTHIE'S MOST POPULAR TOPICS:

- 🌊 **OVERCOMING FEAR** - Uncovering unconscious thoughts, beliefs and feelings that may be keeping you stuck.
- 🌊 **SURVIVING TOXIC RELATIONSHIPS** - Overcoming Self-Abandonment and finding Freedom
- 🌊 **PROTECTING YOUR JOY** - If you don't bring your happiness with you, You won't find it when you GET there!

## WORDS OF PRAISE

*"Ruth Elliott is a unique and genuinely heart-centered person. I have watched her raise her 7 children into socially aware and contributing adults. ...She continues to 'walk her talk' by selflessly sharing her knowledge, experience and expertise...enriches and balances children's lives - and ours as well."*

~ **Gary Schindler - EAP Attorney, Publisher**

*"As a coach to parents of tweens and teens, one of my key messages is calm parenting...Ruth gives excellent FOUNDATIONAL keys to helping parents become more responsive rather than reactive. So practical. So true." ~* **Deaunna Evans - Parenting Coach**

## AS SEEN ON:



## BOOK RUTHIE NOW!

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